





Menu P-8 2022-2023



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CHEF'S TABLE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Mac 'n Cheese with Veggies & Dip	Tex Mex Tacos with Mexican Rice and Corn	Sweet & Sour Chicken, Rice Bowl & Stir Fried Veggies	Spaghetti with Meat Sauce & Caesar Salad	Hamburger & Roasted Potato Wedges
	served with choice of milk or juice \$6.50	served with choice of milk or juice \$6.50	served with choice of milk or juice \$6.50	served with choice of milk or juice \$6.50	served with choice of milk o juice \$6.50
WEEK 2	Baked Goulash with Caesar Salad	Lasagna & Garlic Breadstick	Hot Chicken on a Bun, with Side Corn	Shepherds Pie Bowl with Steamed Carrots	BBQ Chicken Drumstick Mashed Potato & Carrot Sticks
	served with choice of milk or juice \$6.50	served with choice of milk or juice \$6.50	served with choice of milk or juice \$6.50	served with choice of milk or juice \$6.50	served with choice of milk o juice \$6.50
Daily Alternate Meal Week 1 and 2	Popcorn Chicken Mashed Potato Bowl & Corn	Grilled Cheese Sandwich & Chicken Noodle Soup	Cheese Pizza Slice & Caesar Salad	Chicken Nuggets, Home Made Wedges & Veggies	Pancakes with Syrup & Fresh Fruit
	served with choice of milk or juice \$6.50	served with choice of milk or juice \$6.50	served with choice of milk or juice \$6.50	served with choice of milk or juice \$6.50	served with choice of milk o juice \$6.50
WEEK 1 DATES			WEEK 2 DATES		
September 6-8	December 12 - 16	March 20 - 24	September 12 - 16	December 19 - 23	March 27 - 31
September 19 - 22	December 26 - 30	April 3 - 7	September 26 - 30	January 2 - 6	April 10 - 14
October 3 - 7	January 9 - 13	April 17 - 21	October 10 - 14	January 16 - 20	April 24 - 28
October 17 - 21	January 23 - 27	May 1 - 5	October 24 - 28	January 30 - February 3	May 8 - 12
October 31 - Nov 4	February 6 - 10	May 15 - 19	November 7 - 11	February 13 - 17	May 22 - 26
November 14 - 18	February 20 - 24	May 29 - June 2	November 21 -25	February 27 - March 3	June 5 - 9
Nov 28 - Dec 2	March 6 - 10	June 12 - 16	December 5 - 9	March 13 - 17	June 19 - 23